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From: Lara Johnstone <bravehrt@concentric.net>  
 Date: Sat, 01 Sep 2001 18:43:27 -0700  
 To: squishy@altavista.com  
 Cc: "Gina Rydland" <girydlan@online.no>  
 Subject: Re: Fwd: Re: Bush Letter

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Gina and Grant,

Last time I spoke to Dr. Greer (actually the only time) the 'response' I got from him regarding 'other countries' was that the Disclosure Project were open to having 'disclosure testimony before any type of government, even the Hague if they could get support for it'...

He mentioned this due to my references to South Africa. He said he personally did not care where it was, but that if they could get any place where a goverment or some kind of authority would be prepared to have an open 'congressional' or 'court' like atmosphere where people could be sworn in and be able to give testimony, that would be a start. Obviously if it was in Norway or South Africa, American witnesses still under oath could not (or would not, I imagine it would depend on thier fear) testify, however I imagine that Dr. Greer has witnesses from many countries and even the possibility of one country or authority providing a place for 'witness testimony' may encourage more people within that country to come forward... ;-). He told me that he had a very good witness, who was 'considering' coming forward in South Africa, but he was waiting to see what happens..

I understand you do not want to 'push' too hard, and that is good, and I would say 'go ahead with whatever ideas you have' -- ideas are possibly just the universe giving you some kind of guidance in raising awareness about the issue..

Whatever awareness we create wherever spreads like

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droplets on a pond, the ripples slowly spread and eventually reach a critical mass!

Lost battles do not mean a lost war! We can lose every battle except the last one, and we still get disclosure! It is just a matter of not giving up! ;-)

I love you my friend, you are my Nordic hero! ;-)

Maybe one day we can meet and sit and watch the northern lights... ;-) and maybe those northern lights come down and say hello! ;-)

Luv,

Lara

At 06:23 PM 09/01/2001 -0700, squishy@altavista.com wrote:

>----- Start of forwarded message -----

>

>To: "Grant Cameron" <gcameron@Ms.UManitoba.CA>

>Subject: Re: Bush Letter

>From: "Gina Rydland" <girydlan@online.no>

>Date: Sat, 1 Sep 2001 10:42:13 +0200

>

>Hello!

>Thank You for Your mail!

> I sent a letter to President Bush some days ago.

>I sent the sample letter on the Disclosure site, and added a few, short lines about myself.

>Ive also sent a letter to our Statsminister Jens Stoltenberg in Norway some weeks ago. This letter I wrote with my own words, asking them to take

this matter serious, to help with the Disclosure and help the people through this historic event. To be positive and begin to take action to make our world a better place to live. I've not received any answer to this letter.

>I've also mailed, (in Norway the politicians read the e-mails, and they answer them, small country:-))

>-several politicians, enviromental organisations, newspapers, tv-stations, and others in this matter.

>I have had some answers from politicians like: I think what you wrote to

me is right. But regard this just as a respons to your e-mail, and nothing more than that, and other strange mails. I understand they have problems with this subject, and I have not told anyone their identity. Norway is of

course very dependent on oil, so I'm not sure they quite know what to say

or do at this moment. But my impression is that at least some of the politicians are taking this matter seriously.

>And I think this is spreading!

>Norway is a small country and if it really gets out everybody would know very quicly.

>I can spread info in other ways to, like flyers, cd's, (I'm not a pro. in

this but I do have good equipment on my pc for video, cd's etc) I have not

done this yet, because I don't know if this would be good or bad for the disclosureproject, I mean if it's going to fast in the "wrong" country.



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bushufodisclosure@altavista.com

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From: Lara Johnstone <bravehrt@concentric.net>

Date: Fri, 31 Aug 2001 21:44:13 -0700

To: tutudm@mweb.co.za, editor@integrityusa.org,  
president@whitehouse.gov, president@po.gov.za,  
TerrieBrown@mail.house.gov, mpilo@iafrica.com

Subject: In Search of Bishop Tutu...

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1868 San Juan Ave  
Berkeley, CA 94707  
Tel: (510) 823 8109  
31 August 2001

Honorable Archbishop Tutu  
Archbishop Emeritus of Cape Town  
Email: tutudm@mweb.co.za  
CC: editor@integrityusa.org  
President Bush - president@whitehouse.gov  
Presidident Mbeki - president@po.gov.za  
Congresswoman Barbara Lee - TerrieBrown@mail.house.gov

Dear Archbishop Tutu:

RE: Your response to my request for support in my hungerstrike.

-----  
From: Truth and Reconciliation Commission (mpilo@iafrica.com)

Subject: Thank you

Dear Lara Johnson

Archbishop Tutu has received your letter. He thanks you for sharing your vision for a renewal of the earth through the possibilities of extraterrestrial technology. He commends your commitment to a better world but doubts that your appeals or even extreme action such as a hunger strike will carry much weight in the White House.

The technology to transform lives is already available, in the form of clean running water, immunisations, etc. It is the will to implement transformation that is lacking. The First World has the resources to make the Sahara blossom but not the will.

Yours sincerely

Lavinia Browne



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From: "ervega" <ervega@gocs1.com>  
 Date: Wed, 22 Aug 2001 18:58:01 -0400  
 To: <DrSGreer@cs.com>  
 Cc: "Lara Johnstone" <bravehrt@concentric.net>, <squishy@altavista.com>, "EcoNews Service" <econews@ecologynews.com>, "Theconleys" <theconleys@zoominternet.net>, <clyde@clydelewis.com>, <lkean@ix.netcom.com>, <randykitchur@hotmail.com>  
 Subject: Lara Johnstones Hunger strike and your unacceptable position

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Dr. Greer,

Apparently gentle nudges do not register with you. Here goes a gentle shove.

I left you 2 voice mails, and cc'd you in one of my e-mails to the group involved with Lara. I understand that you are a busy person, so am I. You are an arrogant person. You should know who to ignore and who to respond to  
 In my case you made a tactical error.

Since I have no vested interest in "The Disclosure Project", and I do have a vested interest in "Disclosure" I felt I had to write you regarding your position on Lara Johnstone.

Your position is unacceptable to me and to many others including witnesses in your organization. I'm not going to skirt issues here. Your position is at best irresponsible, if not outright cowardly.

I urge you very strongly to retract your statement and publicly support Lara in principle. I'm certain you can draft a statement that would legally and professionally absolve you of any guilt or moral dilemma. Lead, follow, or get the hell out of the way.

If you do not do this and continue to act the way people like Stanton Friedman say you do, you are going to be barraged with a publicity campaign that will curl your ears. Perhaps we need to purge you from the UFO community.

I own 4 radio shows and 600 web sites. I have many millions of visitors that will be very interested in knowing why it is that you refuse to "own up" and respond to a person that has done exactly what you asked her to do during the presentation she attended. To loosely paraphrase you, I was told you said, "do what you can". Well, Dr. Greer, that is exactly what Lara is doing, "what she can". This is not to your PR standards? If that is the case, my comment to you is "too bad". When you make a statement be prepared to follow it up.

You are under tremendous scrutiny right now and you have positioned yourself as a champion for the cause. You are not doing your job, You are an MD correct? Read the oath you took, and live up to it.

You should be there personally taking her pulse and advising her every step of the way. That is your moral responsibility on at least 2 of your public personas, as a Doctor, and as a Disclosure Project leader. The UFO community is divided and you are becoming part of the problem when you claim to be "the" solution.

Think hard Dr. it's time to switch hats and become a leader, not a smug, bullet dodging MD, right smack in the middle of the most important events in history. You will find that not everyone out there is going to do jigs around you so as not to upset you, or incur your anger.

I promise, you will find me to be either a very valuable ally to your cause, or your worst nightmare. Make a decision you have 24 hours. I'm formally inviting you to be on our show Ground Zero this Saturday evening. The show will be either in support of your valiant statement, or a public indictment of your less than admirable behaviour.

If you do not issue a favorable statement regarding Lara's efforts by this time tomorrow, Every journalist I know, and I know a lot of them, are going to be all over you. This letter along with everything that has preceded it will be made public. Gov Jesse Ventura may have a few words for you as well, I will speak with his office tomorrow.

Consider yourself advised as to the current situation. You are going to lose credibility, witnesses, and a whole lot of money.

Just  
in case you have not learned enough about politics and leadership to know  
this, you are now officially between a rock and a hard place.

There are serious people in this tray and I'm one of them. There are others  
that need you, this makes them vulnerable to your inflated ego, and lack  
of  
concern for others. I do not need you, nor do I have anything to fear  
from  
you, quite the opposite is the case. "I am" the media, no conspiracies,  
no  
coverups just the facts.

Bite your tongue and think hard, this is not a bluff.

Ernie Vega  
C.E.O. Multixiom Inc, V.R.N

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*Velez health issue*

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From: UFO UpDates - Toronto <ufoupdates@home.com> [Save Address](#)  
 Date: Fri, 17 Aug 2001 18:19:23 -0400 [Print View](#)  
 To: "02 - UFO UpDates Subscribers"; [Show Headers](#)  
 Subject: UFO UpDate: Re: Hunger Strike To Support UFO Disclosure - Velez [Report Junk](#)

Date: Fri, 17 Aug 2001 15:53:16 -0400  
 To: ufoupdates@home.com  
 From: John Velez <johnvelez.aic@verizon.net>  
 Subject: Re: Hunger Strike To Support UFO Disclosure

>Date: Tue, 09 Oct 2001 10:29:57 -0700  
 >To: UFO UpDates - Toronto <ufoupdates@home.com>  
 >From: Lara Johnstone <bravehrt@concentric.net>  
 >Subject: Re: Hunger Strike To Support UFO Disclosure

>[Non-Subscriber Post]

>Dear Mr. Velez and others:

>>Date: Wed, 15 Aug 2001 17:29:51 -0400  
 >>To: ufoupdates@home.com  
 >>From: John Velez <johnvelez.aic@verizon.net>  
 >>Subject: Re: Hunger Strike To Support UFO Disclosure

>>>From: Alfred Lehmborg <Lehmborg@snowhill.com>  
 >>>To: UFO UpDates - Toronto <ufoupdates@home.com>  
 >>>Subject: Re: Hunger Strike To Support UFO Disclosure  
 >>>Date: Wed, 15 Aug 2001 07:30:40 -0500

>>>>As regards our striker. In the first place we are talking about  
 >>>>a grown woman here that has rationally demonstrated some  
 >>>>egalitarian sense and rational seriousness in the past, a  
 >>>>cursory look seems to show. Allusions to "bonkers" might be a  
 >>>>little premature, needlessly distracting, and an otherwise  
 >>>>inaccurate splash of well meaning, but point-missing, paint...

>>Misinterpretation Al. I was referring to those who were egging  
 >>her on not to Lara.

Hi Lara, hi All,

You wrote:

>To, anyone concerned about my health, my request would be  
 >contact your senator or congressman, and ask them if the  
 >President got my letter. And if he has, what he is going to  
 >do about it. I mean if you are really concerned. If not - that  
 >is okay. ;-)

I have been at this UFO business trying to raise public awareness and writing letters to my congressmen and women for many years. In fact, I have been one of the most active and vocal activists to come down the pike in many a moon. :)

Don't misread me. My concern for your health is genuine and not scientifically unfounded. There are many ways to approach this UFO disclosure problem -without- jeopardizing or compromising anybody's health or well being. You have adopted a course of action that is extreme and potentially dangerous to you personally. Because of its potential to harm you, I cannot in good conscience support your action. I do however support the 'cause' and I have done so for quite some time now.

>I guess I may have higher expectations from my President (Mbeki >and Mandela), since every single time I have written them a >letter, even if from another country, I have gotten a response. >I have never had to go on a hunger strike to get thier >attention. ;-) Twice my letter was both forwarded to the >relevant department were somebody was ordered to get back to me >with relevant information. For a Third World country going down >the hill (thanks the World Bank etc, etc.) I consider that the >way any Presidents office, who is interested in servng his/her >country can do.

>My suggestions to anyone with extra energy or charge on this >issue - would be this:

>Make a copy of my letter to President Bush, and write a letter >similar to mine to your congressperson - see both at:

>[www.amandla.org/ufo/](http://www.amandla.org/ufo/)

>then take it to your Congress person and ask them >for a response. You want a personal response regarding the >Presidents response to me! When we come at them from all sides! >And when we put directly daily or weekly visits to our congress >persons - the pressure will be on. My congresswoman is working >very hard at it! I think she deserves a bit of help! Let us make >those halls of Congress sing with **"&^%"** the people want some >answers! There are a few brave souls in there - who if they >know the people support them, would rise to the occassion. We >need to give them some courage!;-)

Lara, Mr. Mandela and George W. Bush are two different people from (literally) two different 'worlds.' It is naive to your part to think, or to expect, a "formal" response from the likes of president Bush. You should know that it has been a long standing US policy not to respond to 'hunger strikes' and the like, (for any purpose) or to pressure, especially when it is being applied by a solitary individual or statistically small group. They will let you wither and die before they even acknowledge you. I know this sounds terribly cynical to you, but

it is the reality of the situation.

>>My first remark about her was that she  
>>"seemed to be" a sincere person. I am also not questioning her  
>>'cause'. It is her 'methods' that I think are a bit extreme. See  
>>next response.

>I agree, and I also think the situation is way beyond extreme,  
>and anyone who hasn't noticed that, may think there is precious  
>much more time! I on the contrary am not so sure, and don't see  
>why I should wait till I am 60 (which I doubt I'll get to see  
>with Colombian Vietnam on the way, chemtrails, toxic food,  
>depopulations, viruses like AIDS and who knows what else?) to  
>find out about travelling and visiting more enlightened beings  
>from out of space! It has got to stop!

That's a big mouthful of assumptions Lara. Things like how much  
"time" we have, and "travelling to other worlds," not to mention  
your assumption that the visitors are "more enlightened beings"  
than we are is 'jumping the gun' more than just a little bit.

As far as the "Columbian Vietnam" is concerned you lost me there.

No one, and I mean no one, knows if any of the above is true or  
even applies. Taking risks with your health for these kinds of  
unfounded assumptions is simply not justified. Expecting that  
George Bush will formally respond to "pressure" and your hunger  
strike is, as I have already stated, just plain naive. It is  
-your- life Lara to do with as you wish. Speaking as someone who  
has been around the block a few times, I am only trying to  
counsel you that there are "other ways" to go about this that  
don't involve the risks or personal sacrifice that you have  
taken on.

You are also applying pressure to the wrong point/person. The  
"pressure" needs to be applied directly to our elected officials  
in Congress. It is they who make the laws and who decide which  
issues will be given public hearings. Not George Bush.

>And this is the first time we have 450 direct insider witnesses  
>who are prepared to testify! As well as a President who promised  
>to tell the truth! That to me is a gift from God! And I will do  
>whatever I can to support these men at this critical time! ;-)  
>We can all benefit from some disclosure, in physical, emotional,  
>psychological and so many other ways.... ;-)

Your idealism blinds you to the reality of the situation.

Alfred wrote:

>>>An intelligent fast is actually a healthy thing, to a point;  
>>>John likely knows that. There is no mal nutrition in a healthy  
>>>fast, there is only an 'under' nutrition that most people in the  
>>>western hemisphere could have a couple of helpings of anyway...  
>>>I've got a whole paper in the spring-loaded, ready to go  
>>>position, so we can dicker that point if you want to.

I responded:

>>No "dickering" at all. And yes, having studied and practiced  
>>contemplative as well as certain physical forms of Yoga (all of  
>>my adult life) I am familiar with, and have performed many

>>healthy, cleansing fasts. Many of which are intended to last for  
>>only three to five days. Juice Fasts can go as long as a month  
>>without jeopardizing health. The point I was trying to make was  
>>that this fast that Lara is engaged in (due to its political  
>>nature) has no preset terminus. She intends to persist until  
>>George Dubya responds.

Lara responds:

>Exactly! ;-) So, lets get dubya to respond. After all he works  
>for \_you\_! He is your employee as such! ;-) I know it is a  
>little simplistic, but that is really what he is. And he is an  
>employee who has through tiime forced his employer to pay him  
>yearly taxes, which he squanders and uses to kill, and he has  
>used his employers money to limit his employers rights and  
>freedoms! I think such an employee either gets a kick under the  
>butt, or is fired! But if we allow this to be done to us, it is  
>only our fault! ;-)

All true but as you say yourself, "simplistic." Way too  
simplistic given the existing realities.

>I intend to persist until he responds, and I think he better  
>know that! I would suggest and appreciate your energy directed  
>at the problem of a president who makes agreements and does not  
>keep them! I will gladly go away or stop my fast (and have some  
>coffee gelato in heavenly bliss) if he directly responds!

I already stated my 'opinion' to Alfred on this one. I wrote:

>>Between you, me, and the wall, that just ain't gonna happen.

>what a sad thing to say about your President, and also that you  
>are not driven to do anything about such a situation.

It \_is\_ a sad thing, but true nonetheless. And you "assume" that  
I haven't been "driven to do anything" about it. I have  
dedicated \_seven years\_ of my life to "doing something" about  
it. Get to know me better before making such statements.

>>So, what are we looking at? An extended fast that can only have  
>>deleterious effects (even on someone who fasts regularly) if it  
>>should approach or go beyond the thirty day range and a dolt of  
>>a President whose concern for humanity is second only to  
>>Goering. (Refer to Dubya's responses when asked about reprieves  
>>for death row inmates during his terms as Governor of Texas.  
>>This guy is no humanitarian!)

>Exactly! However, he does like to think of himself as a southern  
>man who honors agreements! Well, he made one with the american  
>people (huffer's question) and I want him to keep it!

Yeah well, there's "ways" and then there's "ways" to get that  
done Lara. Risking your personal health and continued well being  
is not one of the more viable or acceptable ones. (to me  
personally.)

>>All that his tiny brain is capable of handling is keeping track  
>>of his golf scores as he makes the rounds of his favorite  
>>courses. (And I'll bet the farm that his caddy handles all the  
>>complicated math for him!) Lara and anybody else who thinks Bush  
>>is going to respond to a Hunger Strike For UFO Disclosure is

>>simply deluding themselves big-time. This fast of hers could go  
>>much, much longer than her 'supporters' suspect.

>We shall see Mr. Velez.

Yes we shall. What I dread is the "price" that may be paid in order for us to "see." And, it is you who will be paying it. It's unnecessary for you to take such an extreme action in an attempt to force the hand of a man like George Bush. The 'windmill' you are attacking is made of stone. Your lance will break on contact.

>>Ergo, my concern for Lara's health and continued well-being.

>Mr. Velez, I appreciate you for your concern - again - for my  
>well-being.

I don't think you do Lara. You have set yourself on a course of action that can only do you more harm in the end than any good it will accomplish in the world of US politics. You need to rally large numbers of people to petition congress. Not slowly starve yourself to death to force it to happen. Win people over with intelligence and logic, don't try to 'force' their hand by setting ultimatums.

>The truth I want from Mr. Bush is also a truth if  
>revealed may alter the state of world affairs. I would gladly  
>put my white, healthy body at a bit of risk,

You already have. :(

>I would appreciate your help in whichever way you deem fit,

You have just gotten it.

>and I imagine we will get more done if we keep our focus on him! ;-)

That is where we disagree. Bush is the wrong 'target.'  
Congress is the place to put the pressure. And not by  
risking your health!

>>I never said she didn't have  
>>a right to do it, and I didn't question that right. Nor was I  
>>calling her bonkers. That was meant for the crowd gathered  
>>under the parapet she is standing on yelling, "Jump, jump!"

>Thank you! ;-) I 'jumped' many years ago, when I heard the  
>testimony of witnesses in the Truth and Reconciliation Hearings  
>in South Africa. When I heard the truth about all the secrets of  
>oppression, torture and degradation of the human soul. My soul  
>wept and wept. I had known something was going on, but not what.  
>I had believed the lies I was told, or at least did not demand  
>their truth. I promised myself - never again! If someone was  
>willing to stand up and tell the truth, I would support that  
>person!

So would I Lara. But not if that person was risking their own health or life to do it. My ethics are very Buddhist that way.

>Also my own growth in learning to be honest with myself has led  
>me to much healing of things I previously denied, but had  
>constant pain and insecurity about. I no longer have any of

>that, just love, and a willingness to share with others taht 'it  
>doesn't have to be this way' - we can live with truth, with  
>integrity to ourselves and our fellow plants, animals and beings  
>from wherever. ;-)

You are very noble, caring, and idealistic person Lara. I hope that those same qualities do not bring you to personal harm because your fervor to -force the issue- blinds you to certain realities.

My best wishes for you, and best of luck in all your endeavors.

Most sincerely,

John Velez

\_\_\_\_\_

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Spent a lot of time in Presidential libraries no question since 1954.

~~Dave Furlot No. concerned for her health~~

Bill

Clinton & Hillary very interested

Hillary Clinton helped edit a letter to the President

shut out on subject

Of they did they didn't tell me.

make a statement in Ireland.

"I'd like to know too"

Garth M. Clendon defender of Disclosure project - hosted the May 9th newsconference.

Laurance Rockefeller - briefed Clintons Aug 1995  
- done outside Washington

alien invasion - Clinton made numerous comments.

I think we know how to leverage did aliens attack us.

Pat Pat. disclosure tape get over it.

Sept 1977

JC and 12 apostles June 14th

NASA same month  
shut down Weber

1/2 live SA live Weber spoke

Producer  
Mark

8/18/01

Ground Zero

A.V.R.N. show

Portland 1080 KOTK.

Tom & Heather

gocs.com

Clyde Lewis <http://www.clydelewis.com>

UH-60 helicopters

I wrote an article to tell her story

Dan - regarding helicopters

Press Conf. 10X record.

Sandra Levy Bureau of prisons public broadcast

VFO Disobey

1000  
Sarah M. Clendon

like Vietnam

"it's a request"

3.40"

oil/gas

no question to President since 1954.

LARA  
15 handling  
it that way

Alfred to Luca "expanded my envelope."

focus on George W. Bush estate political

comment → if Bush says this is real (Commander-in-Chief)

why I said she should sit in front of Clinton's office

Political problem.  
scientific

story of congressman.

goldwater

Norfolk Virg. -

Richard Vancouver

Tracy

truth

Will a hunger strike make a difference?

Political vs science



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squishy@altavista.com		<b>Inbox</b> message 7 of 104	
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<a href="#">Write Mail</a>	<a href="#">Move to</a>		<a href="#">Trash</a>
<a href="#">Log Out</a>			<a href="#">Save Address</a>
<a href="#">Folders</a>	From: "EcoNews Service" <econews@ecologynews.com>		<a href="#">Print View</a>
<a href="#">Inbox</a>	Reply-To: econews@ecologynews.com		<a href="#">Show Headers</a>
<a href="#">Sent</a>	Date: Sat, 18 Aug 2001 16:41:40 -0700		<a href="#">Report Junk Mail</a>
<a href="#">Trash</a>	To: squishy@altavista.com		
<a href="#">ALEXANDER</a>	Subject: Grant - FYI (Fwd) Release faxed to Oregonian		

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>>>>=====

Ernie - Hi! The release was faxed to Oregonian with the following cover. As a Portland radio journalist, Clyde needs to call the Oregonian News Desk (503-221-8100) before the show tonight, and tomorrow Sunday to lobby for an article. Best wishes, Alfred

=====

ATTN: NIGHT EDITOR

PORTLAND - This story will be released to the public tonight on Ground Zero, A V.R.N. show on 1080 KOTK, Portland, Oregon, Saturday 8/18 at 10 PM.

The guests will be hunger striker Lara Johnstone, correspondent Holly Conley, Grant Cameron, CEO Ernie Vega, and author Alfred Webre

This is the story of why a 35-year-old woman has undertaken a 70-day hunger strike to request that the President fulfill one of his campaign promises that has been ignored.

There will be specific information released tonight for the first time

and we would like to have "The Oregonian" on the radio program - or covering it on the air - so that you write a story of interest to

Oregonians that hopefully will run on national wire services early next week.

Kind regards

CONTACT:

Ernie Vega: 718-261-7362

Alfred Webre: 604-733-8134



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squisshy@altavista.com		Inbox message 2 of 96	
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Log Out			

From: "ervega" <ervega@gocs1.com>  
 Date: Sat, 18 Aug 2001 15:47:02 -0400  
 To: <squisshy@altavista.com>  
 Cc: "EcoNews Service" <econews@ecologynews.com>, "Lara Johnstone" <bravehrt@concentric.net>, "Holly Conley" <hollyc@zoominternet.net>, <clyde@clydelewis.com>  
 Subject: Re: Re: Grant & Ernie - re Lara Johnstone

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---

Hi Grant:

How are yo today.  
 Can you give either e recorded comment, or be a guest tonight on the show?  
 10 pm PST we have scheduled 1 hour plus.  
 Please let meknow as we would like to include your name in the announcement,  
 and have you on.

Best regards  
 Ernie

----- Original Message -----  
 From: <squisshy@altavista.com>  
 To: <ervega@gocs1.com>  
 Sent: Saturday, August 18, 2001 3:12 PM  
 Subject: Fwd: Re: Grant & Ernie - re Lara Johnstone

> ----- Start of forwarded message -----  
 >  
 > Subject: Re: Grant & Ernie - re Lara Johnstone  
 > To: econews@ecologynews.com  
 > From: squishy@altavista.com  
 > Date: 18 Aug 2001 12:01:13 PDT  
 >  
 > On Fri, 17 August 2001, "EcoNews Service" wrote:  
 >  
 >  
 > > Grant - Hi! I was just on the phone with my friend Ernie Vega about  
 > > monitoring Lara's condition during her hunger strike. Ernie has  
 > > been in daily phone contact with her and has some legitimate  
 > > health concerns about her and the type of monitoring which is  
 > > usually done during a hunger strike. I think it would be very good  
 > > for you and Ernie to talk directly about her, since you both have  
 > > close contact with her.

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with the truth, otherwise, we are living in an illusion! ie we are deluded! (my interpretation! ;-))

I thought long and hard about the issues you have raised - before I started, and since I started - my hungerstrike. I am still committed - if not more so! ;-)

RE: Pressure on my congresspersons. I agree. If you notice I have written a letter to Congresswoman Lee:

<http://www.amandla.org/ufo/>

I am also in the process of writing to Maya Angelou (my husband's great-aunt), Bishop Tutu, and Peggy Noonan (whom I used to work for), asking them to support Congresswoman Lee. I am visiting her office every day! She is working on it! ;-)

If you feel inclined, I'd request you write a letter to your congressperson, and you are welcome to attach my letter. Ask her/him for a personal response to you, regarding the presidents response to me! ie a copy! ;-) Not too much to ask your congressperson for - I don't think! (But then I've been told I am naive! ;-))

Either way, I am okay with us agreeing to disagree. ;-)

And, I hope you will not mind if I keep my focus for now, on my objective. My president in South Africa, my congresswoman in CAifornia, and others whom wish to actively do something to bring about the changes we wish.

If you have any suggestions, or would like to share what you are doing. I'd love to hear. If not - that's okay! ;-) We all have to do what we have to do!

As for being around the block a bit! Sir, if you only knew - I have lived a life more exiting and fun, joyful and painful than many. I want that opportunity for every child. It starts with telling the truth! ;-)

I thank you for listening, and hope you don't mind, if I attempt to keep my focus. My dialogue with you has helped me to make things clearer for myself, and I appreciate you for helping me do that! Thank you,

Sincerely,

Lara Johnstone

```

+=====+
| Hungerstrike Requesting President Bush to |
| honor his agreement to tell the American |
| people the truth, by supporting the |
| Disclosure Project witnesses to testify |
| about their extensive knowledge of UFO's; |

```

> Thank-you for your efforts to help Lara as  
> she strives for Presidential honesty related to  
> UFOs. Thank-you also to Alfred for his assistance. I am encouraged by your  
involvement. In the early days I wondered if Lara's efforts would ever  
succeed in light of how little has been achieved in opening up government  
secrecy on UFOs.

>

> I am sure that you like I had a preliminary fear  
> that Lara may have bit of more than she could handle  
> based on the knowledge of how closely held the UFO secret is, and the fact  
that Lara had no previous knowledge in the subject.

>

> Lara has since shown that she is no ordinary person. She has also shown  
that she is deeply committed to the secrecy issues that are at the heart of  
the problem. She is also articulate in her description of what she hopes to  
achieve with her hunger strike. I do not think that she will disappoint  
those who now do what they can to future her sacrificial actions.

>

> The press release is a new exciting move that will increase the pressure  
for President Bush to finally deal honestly with this subject.

>

> It appears that many of the key people in the world of Ufology have  
evaluated Lara's cause, her commitment to her goal, and the possible  
benefits that may be created. Many of these individuals have provided open  
support, or have indirectly provided advise and encouragement. We may have  
found an effort by one individual that most can rally around. The combined  
voices and efforts of these supporters may finally be loud enough to be  
heard clearly in the Oval Office.

>

> There have been many dark days in the history of Ufology. Surely, this  
action by one brave woman must be seen providing days of enlightenment to  
the field and encouragement for us all.

>

> Grant

>

Juice fasting as I am (with spiritual advice and health advice and good common sense, and some extra weight to lose) can healthily be done for upto 80 days, if not longer...

I am thinking that October 5 would be a good end -- that would be 70 days (ten weeks -- can you find some religious symbology in that? ;-), I'll see if I can!) and it would be the day after the huge DC protests...

Just got a call from Ernie Vega who runs Vega Radio Networks (upto 600 websites on the net -- he says).. Anyway, he wanted me to keep him closely informed, do a radio interview and a print interview. Very nice guy. His email -- Grant or Randy -- if you wish to send him the articles you are writing or poignant info -- is << ervega@gocsl.com >>

(Reply to ernie vega about a response from the Disclosure Project) I have been in contact with Steven Bassett who has given me wonderful advice and support, and whom I am keeping informed. I have also sent updates Mr. Greer and the Disclosure project -- just to keep them informed, but my focus is on President Bush and the White House and NOT the Disclosure Project. I have NOT asked or requested any endorsement from the Disclosure Project. I simply wish to keep them informed.

>>Although this grandstand hunger strike may help to attract some >>attention to the subject, at what price? Do any of the people >>who are egging her on with letters of support care about this >>person's well being? Has anyone tried to counsel her about the >>foolishness of risking her health for something that can be >>accomplished without risk to human life? Has everybody gone >>completely bonkers while I was away? >>As for the rest of her alleged "supporters": If anything bad >>happens to Lara because of your encouragement, may it burn a >>hole in your thoughtless (for Lara) heads for the rest of your >>natural lives.

Reply Morty I am a tad surprised at some of the response I've seen posted here relative to Lara's hunger strike. To wit, this is a grown up lady who is making a statement which I presume she feels sufficiently strong about, to undertake making it. Further, this grown up lady is not exactly going hungry. She is, for the reports I've read, doing the right thing by herself. Taking the proper nutrition, electrolytes and juices with which to not merely sustain but further, to keep her strength up. A hunger strike is not a pleasant thing to undertake. Neither is it usually a life threatening event. In fact, it can be beneficial to both body and spirit. It can be dangerous as well, but that's where the statement is being made. By a mature lady, with a passion for what she considers important, in the face of the President's golf game and in the face of our two cents worth of "Oh please, don't do this little girl, you might get hurt." No, this is no little girl in need of our employment to "don't hurt yourself." She is too smart for that. My words are, if she's listening (make that reading), "Knock 'em dead girl!" I should do the same but I am alas, way to Morte de Fam myself. Morty

2reply The point I was trying to make was that this fast that Lara is engaged in (due to its political nature) has no preset terminus. She intends to persist until George Dubya responds. Between you, me, and the wall, that just ain't gonna happen...Lara and anybody else who thinks

have website

Bush is going to respond to a Hunger Strike For UFO Disclosure is simply deluding themselves big-time. This fast of hers could go much, much longer than her 'supporters' suspect...Nor was I calling her bonkers. That was meant for the crowd gathered under the parapet she is standing on yelling, "Jump, jump!"

Hey guys, here is the final letter, I am going to print and then run off to her office and deliver, do some meditating (go to work) and will then be back later tonight. Also working tomorrow, so as from wednesday I shall be outside FED building for whole day -- which is also when I will send out the press release.. Luv ya! ;-) Lara ----- ADDRESS Berkeley, CA 94707 Tel: (510) 823 8109 12 August 2001 Congressional Representative Ms. Barbara Lee Federal Building, Oakland, CA Dear Representative Ms. Barbara Lee RE: Request to support my petition to President Bush Attached please find the letter I wrote (mailed, faxed and emailed) to President Bush on 28 July 2001. It is a statement informing President Bush of my reasons for going on a hunger strike, and requesting his response. I understand that Disclosure Project briefing materials have already been delivered to your office. I am very hopeful that you have reviewed those documents and videotapes and have decided to investigate the matter further. As you know, the recorded testimony of scores of military, government and other witnesses to Unidentified Flying Objects and Extraterrestrial events and projects is strong evidence of the existence of an UFO/Extraterrestrial presence on and around Earth. This recorded testimony consists of dozens of first-hand, often top-secret witnesses to UFO and Extraterrestrial events, internal UFO-related government projects and covert activities, space-based weapons programs and covert, reverse-engineered energy and propulsion system projects. The technologies that are of an Extraterrestrial origin, when publicly released within a planned transition period, will provide solutions to global environmental and security challenges. These numerous recorded witnesses constitute only a small portion of a vast pool of identified present of former military, intelligence, corporate, aviator, flight control, law enforcement officers, scientists and other witnesses, who will come forward when subpoenaed to testify at Congressional Hearings. Without a grant of immunity releasing them from their security oaths, many such unimpeachable witnesses fear to speak out. The legislation to ban space-based weapons will prohibit acts of war against Extraterrestrial civilizations, which have proven to be concerned about nuclear and weapons industry, but also have proven they are not to be hostile. The comprehensive legislations will transform the terrestrial war industry into a world cooperative military (without space weapons), civil, and commercial space industry. This will provide unprecedented benefits and opportunities to all on Earth and in space. Our generation of voters and leaders are responsible for this once in a lifetime decision -- to ban space-based weapons so that we will be permitted to join the peaceful travelers in the universe. My request to your office is: 1. Please attempt to verify that **President Bush** received my letter, and request a response from his office. [I enclose another copy for delivery to President Bush's office by your office, if required.] 2. Please write a letter in support of my request to President Bush. 3. Please call for open, comprehensive, **secrecy-free hearings to take military/agency witness testimony on events and evidence relating to an Extraterrestrial presence on and around Earth.** 4. Please call for open hearings on advanced energy and propulsion systems, relating to extraterrestrial phenomena that, when publicly released, will provide solutions to global environmental challenges. Many years ago, your predecessor **Representative Ronald Dellums** was the first brave and lonely voice calling for an end to the nuclear arms race. Many thought it impossible, yet he persevered, and many followed. **All we need in this issue is**

one brave Congressional Representative to have the courage to step forward, and I imagine the other less-brave Congressional members will eventually follow. Billions of people around the world could benefit from these technologies. Hundreds of witnesses have been brave enough to come forward willing and able to testify. Our entire planet could benefit from some light being shone onto the secrets that divide us, the secrets that encourage our fears, and the secrets that -- if kept -- could result in disastrous consequences for millions, if not our planet and the continuation of our human family. I hope you will do all that you possibly can to bring this matter to the attention of the President, as well as all your fellow Representatives. I would like to support you and your office to have the courage to make a decision for truth, for full disclosure, for a world of unity, peace and sustainability for all, and an earth where we welcome beings from other planets. I shall therefore be spending between three and seven hours of each working day meditating/praying for you and President Bush, in front of the Federal Building in downtown Oakland. I will also refrain from sending out a press release until Wednesday, August 15, in order to give your office time to brief yourselves on the issue. I appreciate you for giving my request your attention. I look forward to hearing from your office. Sincerely, Lara Johnstone +

#### CHANGES

Please can you change the part at the end about the media in south africa consider me the most prominent South African activist in the US! While the newsarticle regarding my arrest against the bombing of Iraq said: 'South African farmgirl arrested in US over gulf war protest' and then started with: "One of South Africa's foremost activists in America, Ms. Lara Johnson, was arrested... blah, blah..." I would prefer that you do NOT USE ANY OF IT! It was what was written, but it really just sounds like blowing smoke up my ass! And besides it was just this one journalist, which does not mean that 'the media' consider me that, and I imagine I may have said something like that, and I am now correcting myself! ;-). Is that okay? ;-). Regarding the mention towards disclosure project. I am concerned that it seems to indicate that I was hoping or waiting for endorsement from DP, which in truth, was not really the case! (I imagine you were! ;-)). I don't want to take a pot-shot at them, I imagine others will then turn the focus to whether they endorse me or not, and then the focus is off of Bush! Not good! ;-). Can you rewrite that just a little bit! I am sorry to bug about it, and again -- appreciate all you are doing. Shall update the rest of the website tonight.. And my letter to Lee is in my next email....

Letter delivered to Representative Barbara Lee Office in downtown Oakland this morning. ----  
----- ADDRESS Berkeley, CA 94707 Tel: (510) 823 8109 12  
August 2001 Congressional Representative Ms. Barbara Lee Ronald Dellums Federal Building,  
Oakland, CA Dear Representative Ms. Barbara Lee RE: Request to support my petition to  
President Bush Attached please find the letter I wrote (mailed, faxed and emailed) to President  
Bush on 26 July 2001. It is a statement informing President Bush of my reasons for going on a  
hunger strike, and requesting his response. I understand that Disclosure Project briefing materials  
have already been delivered to your office. I am very hopeful that you have reviewed those  
documents and videotapes and have decided to investigate the matter further. As you know, the  
recorded testimony of scores of military, government and other witnesses to Unidentified Flying  
Objects and Extraterrestrial events and projects is strong evidence of the existence of an

UFO/Extraterrestrial presence on and around Earth. This recorded testimony consists of dozens of first-hand, often top-secret witnesses to UFO and Extraterrestrial events, internal UFO-related government projects and covert activities, space-based weapons programs and covert, reverse-engineered energy and propulsion system projects. The technologies that are of an Extraterrestrial origin, when publicly released within a planned transition period, will provide solutions to global environmental and security challenges. These numerous recorded witnesses constitute only a small portion of a vast pool of identified present of former military, intelligence, corporate, aviator, flight control, law enforcement officers, scientists and other witnesses, who will come forward when subpoenaed to testify at Congressional Hearings. Without a grant of immunity releasing them from their security oaths, many such unimpeachable witnesses fear to speak out. The legislation to ban space-based weapons will prohibit acts of war against Extraterrestrial civilizations, which have proven to be concerned about nuclear and weapons industry, but also have proven they are not to be hostile. The comprehensive legislations will transform the terrestrial war industry into a world cooperative military (without space weapons), civil, and commercial space industry. This will provide unprecedented benefits and opportunities to all on Earth and in space. Our generation of voters and leaders are responsible for this once in a lifetime decision -- to ban space-based weapons so that we will be permitted to join the peaceful travelers in the universe. My request to your office is: 1. Please attempt to verify that President Bush received my letter, and request a response from his office. [I enclose another copy for delivery to President Bush's office by your office, if required.] 2. Please write a letter in support of my request to President Bush. 3. Please call for open, comprehensive, secrecy-free hearings to take military/agency witness testimony on events and evidence relating to an Extraterrestrial presence on and around Earth. 4. Please call for open hearings on advanced energy and propulsion systems, relating to extraterrestrial phenomena that, when publicly released, will provide solutions to global environmental challenges. Many years ago, your predecessor Representative Ronald Dellums was the first brave and lonely voice calling for an end to the nuclear arms race. Many thought it impossible, yet he persevered, and many followed. All we need in this issue is one brave Congressional Representative to have the courage to step forward, and I imagine the other less-brave Congressional members will eventually follow. Billions of people around the world could benefit from these technologies. Hundreds of witnesses have been brave enough to come forward willing and able to testify. Our entire planet could benefit from some light being shone onto the secrets that divide us, the secrets that encourage our fears, and the secrets that -- if kept -- could result in disastrous consequences for millions, if not our planet and the continuation of our human family. I hope you will do all that you possibly can to bring this matter to the attention of the President, as well as all your fellow Representatives. I would like to support you and your office to have the courage to make a decision for truth, for full disclosure, for a world of unity, peace and sustainability for all, and an earth where we welcome beings from other planets. I shall therefore be spending between three and seven hours of each working day meditating/praying for you and President Bush, in front of the Federal Building in downtown Oakland. I will also refrain from sending out a press release until Wednesday, August 15, in order to give your office time to brief yourselves on the issue. I appreciate you for giving my request your attention. I look forward to hearing from your office. Sincerely, Lara Johnstone

100% AGREEMENT FROM ME!

And yes I do have a huge degree of compassion for Bush, and it's growing daily! ;- ) Which is good

Ground Zero radio and News highlighted the story on their website (<http://www.clydelewis.com/>) for their major interview on Portland, and their network of stations. They included a picture of Lara sailing on the high seas. The picture will probably gain Lara a lot of new support, but for the wrong reasons.

Ernie Vega 718-261-7362.

ernega @ 90csl.com.

10 pages

"Taking shape"

Abstract

Legumin

NYO Abstract story take it off wire

Gene ascorosa  
Chromosome higher  
Doul encouvements  
type

— { what normally happens  
with 1900  
abstraction

write article

10x



1

Secret Service Logs  
Melvin Laird briefing

---

She needed  
help.

Day 4 Panicky E-mail  
interested because the story involved Charles  
Huffer and George W. - background in Presidents

contacted Lara 2 things

- ① - need help because she had gotten in over  
her head one of the most closely held secrets
- ② - very articulate

- E-mail box has been jammed
- trying to keep up with this developing story.
- usually a story has it's 15 minutes and fades away - this one is turning into a monster and the big network and print outlets haven't even touched the story yet.
- You guys are putting out this press release

**GROUNDZERORADIO ON EVERYNIGHT** <LISTEN LIVE NOW>  
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**Saturday's Show**

August 18, 2001



[click here to read the article](#)

# Breaking News: Desperate Measures For Disclosure Lara Johnstone Hunger Strike Enters It's 21st Day!



Exclusive to Ground Zero: This Saturday Ground Zero will break exclusive news coverage regarding the apparent hunger strike of Lara Johnstone. This story is about to break nationally and Ground Zero will announce the desperate measures and details as to why Lara is on a hunger strike to urge Washington to come clean with the details of Extra Terrestrial disclosure.



[click each page for a larger view](#)

In January 2001, the Office of Science and Technology Policy Released to me 991 pages of documents related to an Freedom of Information Request asking for documents related to UFOs, extraterrestrial intelligence, and the Rockefeller Initiative. Grant Cameron covers the full story on what happened after their release.

For more details go to : <http://www.ecologynews.com/cuenews32.html>

Lara Johnstone began her hunger strike to urge President Bush to make good on his promise to tell the public about UFO's . This was inspired by Charles Huffer's Inquiry to George W. Bush and Dick Cheney.

For more information on this story Click here <http://www.ecologynews.com/cuenews33.html>

Ground zero has obtained letters of correspondence from Huffer to the Whitehouse. Lara Johnstone will appear on Ground Zero this Saturday in a late breaking announcement about her Hunger strike. There will also be a number of representatives and reporters appearing on the show.

**News**

[Bush to allow limited stem cell funding](#)

[Clone research 'going very nicely'\(cnn\)](#)

[House poised to consider human cloning \(cnn\)](#)

[Group says it will move human cloning work offshore \(cnn\)](#)

[U.S. lawmakers debate limits on human cloning \(cnn\)](#)

[Britain to ban human cloning \(cnn\)](#)

[Italy doctor defends human cloning \(cnn\)](#)

[Cardinal blasts cloning plans \(cnn\)](#)

**Posted August 8, 2001 8:30PM**

**Site News**

Well the time has come for a complete site overhaul. As we move toward a more professional organization we have decided to upgrade the Ground Zero web presence. We'll be changing a few things and adding a few new features, this will be a lengthy process. As new features come online be sure to check this section for a list of changes.

The news section will list news articles that are related to upcoming shows. Be sure to check the Events section for upcoming Clyde Lewis appearance.

**Posted August 8, 2001 8:30PM**

**Past Events**

[Troma Toxic Patio Party 2001](#)

**Posted August 8, 2001 8:30PM**



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From: "Randy Kitchur" <randykitchur@hotmail.com>  
 Date: Wed, 15 Aug 2001 13:09:02 -0500  
 To: Sqquishy@altavista.com  
 Cc: Bravehrt@concentric.net  
 Subject: Robert Mitchell updated e-mail address

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Greetings, Grant and Lara:

Yes, that's him: <http://globalviewcom.com/index2.html>. If you click through to Global View Communications at <http://globalviewcom.com> under the products section, you will find the video and cassette that caused all the commotion back in March for Clifford Stone: <http://globalviewcom.com/index4.html>.

Also note that Rob's new e-mail is RobMitche@astound.net and he lives in Berkeley, as does his business partner, Ralph Steiner (Ralfnstein@aol.com), a major behind-the-scenes player in the Disclosure Project. Their company's phone number there is (510) 540-6143.

Randy

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takes some self discipline  
radical honesty E-mail list  
so blown away with the level of lying  
gave letter to congresswoman  
verify that he got it  
we won't know unless we try

"Wake up USA" Adam Clark Aug 15, 2001

always gotten a response from South African President  
4 yrs.

8 years sailing around the world

16 pounds

no comment by

London

husband approves.

S. African news service

---

c

R & R

room

leaking



NEDSTAT



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Bush/UFO Disclosure Request - (War and peace)

15 August 2

**Summary**

Measuring since ...	13 August 2001
Total number of page views up till now	58
Busiest day so far	14 August 2001
Page views	25

**Forecast for today**

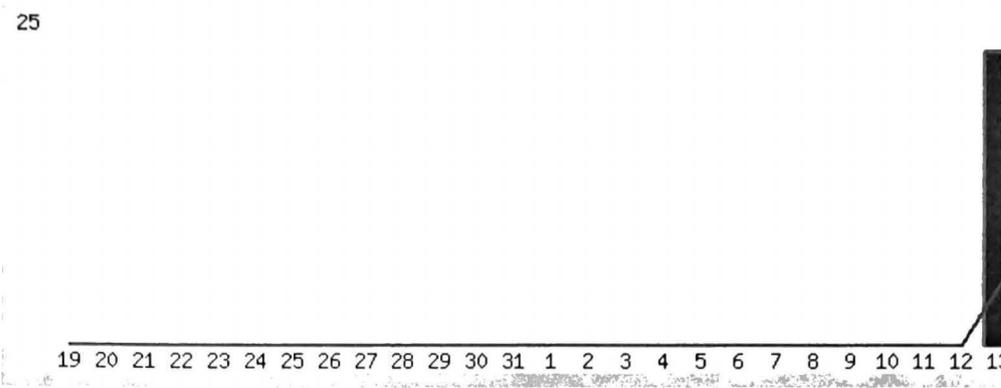
On average 79 per cent daily visits are made 18:23. Based on the of visitors of 11 today your site may page views (+/- 1).

**Last 10 visitors**

1. 15 August 03:14 Greece (hol.gr)
2. 15 August 03:19 Virgin Trains, United Kingdom
3. 15 August 04:21 Denmark (any.dk)
4. 15 August 04:41 Braunschweig, Germany (tu-bs.de)
5. 15 August 05:51 America Online, United States
6. 15 August 08:48 Greece (hol.gr)
7. 15 August 10:32 Canada (utoronto.ca)
8. 15 August 16:35 United States (Unknown Domain)
9. 15 August 17:34 Canada (umanitoba.ca)
10. 15 August 18:23 Canada (umanitoba.ca)



**Page views per day**



**Page views per day**

13 August 2001	22
14 August 2001	25
15 August 2001	11
<b>Total</b>	<b>58</b>

**Country of origin**

1. United States	30	51.7 %
2. Canada	8	13.8 %
3. United Kingdom	8	13.8 %
4. Denmark	4	6.9 %
5. Germany	3	5.2 %
6. Greece	2	3.4 %
7. US Commercial	1	1.7 %
8. Brazil	1	1.7 %
9. Network	1	1.7 %
<b>Total</b>	<b>58</b>	<b>100.0 %</b>



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squishy@altavista.com

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From: Lara Johnstone <bravehrt@concentric.net>  
 Date: Mon, 08 Oct 2001 08:52:48 -0700  
 To: bravehrt@concentric.net  
 Cc: "Randy Kitchur" <randykitchur@hotmail.com>, "squishy@altavista.com" <squishy@altavista.com>  
 Subject: .....

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Randy and Grant,  
 Email I sent out last night to Ernie Vega...

Lara

-----  
Ernie,

I'm sorry, and you did not appear rude, it's no problem ;-). No explanations needed! ;-)

Regarding your comments:

>I believe in disclosure and I admire what you are doing. I'm concerned only  
 >in the obvious, and that is your well being at the end of the hunger strike.

Ernie - if that is the case you don't understand me, and that might be a problem or not -- depends on your frame of mind. I am not concerned about my well being, my body is mine to give, and one of the lessons we all eventually learn after journeying through many lives! In the realms of 'having' a body and 'being' a body -- one of the last 'possessions' we 'have' to get rid of is that -- our bodies! ;-). When we can give that without any strings whether it is appreciated or not, we give ourselves the ultimate freedom! To 'be' without 'having' -- sort of like TOTAL ZEN! ;-)

>I understand your need to be strong and unbending in your resolve, I have to  
>be completely honest with you and tell you that I don't believe disclosure  
>is worth your life.

Amie, again I disagree. I can only ever be 'totally me' if I am totally disclosed -- even if that disclosure means it costs my life! ;-) Maybe that is so because we have forgotten how to be just who we are -- no matter what the cost. That in it's essence would be full disclosure! Six billion people waking up at once! It blows the mind beyond all comprehension! No ayahuasca required!

> I can go along with you carrying out a supreme gesture  
>of love for all, as long as your death is not the end result.

Fair enough, and I can't promise you that. I've given my life up for whatever is needed. It may be for nothing and it may be nobody knows, but it doesn't matter whether anyone knows, cause I and other ET's will know. ;-)

>That would not  
>help disclosure, it takes away a strong proponent with experience in getting  
>things exposed.

Ernie, you have to go with what you feel in your bones, and I will honorably respect your wishes. In the 'culture' that I come from there is only one type of disclosure -- COMPLETE DISCLOSURE. I cannot expect anyone else to disclose if I am not prepared to disclose of myself, my thoughts, my fears and my feelings. Attempting to manipulate disclosure, is just the other side of the coin to manipulate public opinion behind secrecy. They maintain and feed off one another - joining one only makes the other fight harder. It is only when you call for complete disclosure willing to provide complete disclosure that you can really face reality, forgive and being to heal. I mean really heal -- from the inside of your soul! (interestingly enough me and holly spoke about this tonight, re: her cancer and total honesty)

>There are other avenues that you/we can pursue to get "Disclosure" if you  
>are here to do it.

I guess I am not sure what you mean by this sentence? Please be more specific? I want full disclosure, I am not sure what kind of disclosure you are talking about.. ;-)

>As you progress into the fast your cultural conditioning begins to fade  
as  
>you become detached, that as I'm sure you know, is why the emotions swing

so  
>widely.

Dear Amie! I have been this way for much much longer than just the 18 days of my fast! If anything my emotions have subsided and become more centered since I began my fast... I am so light, (as in of 'burdens' I feel as if I am walking on air! And yet I also feel totally grounded, healthy and pleased to see every new day!

>I want you to know that many people support your efforts and I'm  
>going to do all I can to publish your story.

Amie, they must only support my efforts from within their hearts, not from within their minds, or because they have something to gain! Only if they can see a world that has something to gain and they wish to support me irrespective of whether my efforts may succeed or not - only then should they from their hearts support me.

I am not the average 'liberal pacifist activist', my life has been more 'controversial' than many. It may end up that if you don't know all the pitfalls (or benefits) of me giving full disclosure, they may come around to bite you later, either as beneficial or not. I don't know. Only you will know -- and you will only know when you have all the facts. If I don't give you all the facts -- you cannot and will not be dealing with reality as it is.

I have no expectation that you or the Disclosure Project 'have' to support me. I appreciate your support and as a matter of my integrity to you have to give you all the information as it comes along. If I do not, I will seriously be putting your effort of disclosure at risk and mine too! I don't want to do that to you, the DP, or anyone else. There are too many lives at risk and not much time... I support you in whatever your decide.

>Work "with" us to get disclosure.

What does that 'with' entail? Be more specific?  
I think my 'with' is probably explained above. ;-)

>I hope you have a good night's sleep. I'll  
>call you tomorrow during the day and you can update me on the situation  
at  
>home.

I am sure I will! Many thanks to you! Don't worry about me, or my situation -- it is being taken care of by beings -- not mortals, like you and me! ;-)

Lara

At 12:57 AM 08/15/2001 -0400, you wrote:

>Hi Lara:

>I hope I did not appear rude before, when we spoke I was in the middle of a

>flurry of calls that had just come in prior to yours and, was expecting

>Holly to call with your interview, I hope I did not appear insensitive.

>Holly explained the developments where you are staying and if it becomes

>necessary, I'm sure we can come up with a place for you to stay.

>

>I believe in disclosure and I admire what you are doing. I'm concerned only

>in the obvious, and that is your well being at the end of the hunger strike.

>I understand your need to be strong and unbending in your resolve, I have to

>be completely honest with you and tell you that I don't believe disclosure

>is worth your life. I can go along with you carrying out a supreme gesture

>of love for all, as long as your death is not the end result. That would not

>help disclosure, it takes away a strong proponent with experience in getting

>things exposed.

>

>There are other avenues that you/we can pursue to get "Disclosure" if you

>are here to do it.

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>you become detached, that as I'm sure you know, is why the emotions swing so

>widely. I want you to know that many people support your efforts and I'm

>going to do all I can to publish your story.

>

>Work "with" us to get disclosure. I hope you have a good night's sleep.

I'll

>call you tomorrow during the day and you can update me on the situation at

>home.

>

>Hope you sleep well

>Ernie

>

>

+-----+  
| Hungerstrike Requesting President Bush to |  
| honor his agreement to tell the American |  
| people the truth, by supporting the |  
| Disclosure Project witnesses to testify |  
| about their extensive knowledge of UFO's: |

+-----+  
| Bush/UFO Disclosure Request: |  
| <http://www.amandla.org/ufo/> |  
| Disclosure Project: |  
| <http://www.disclosureproject.org/> |

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